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myProstate.eu

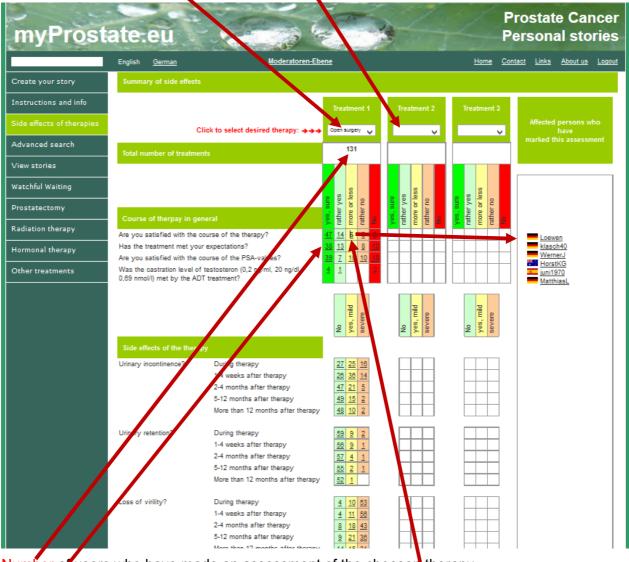
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The width of the layout has been optimized for displays of 1300 pixels or more because of extensive tables and graphs.



#### **01 – Side effects of therapies**

Choose the treatment here! Choose up to three treatments to compare them and there side effects!



Number of users who have made an assessment of the choosen therapy...

Number of positive to negative assessments. When cklicking a number, the users who have made this assessement are displayed on the right side.



#### 02 – Advanced search

If desired, you can display only reports which have been written in certain languages.

	English <u>German</u>	Moderatoreene	Hom	e <u>Contact Links About us Logout</u>
Create your story	Choose story language: 🗹 all	English German French	Spanish	
Instructions and info	Advanced search			<u>Print</u>
Side effects of therapies				<u>Start search</u>
Advanced search	Age at diagnosis: from PSA value at diagnosis: from		: Txx*** Nx	Mx
View stories	Gleason-Sum: from All persons who have undergoine th		diagnosis: from dd .mm. yyy	y to dd .mm. yyy
Watchful Waiting	All persons living only in these cou	intries:	v and v and	
Prostatectomy	Multiple choice	Multiple choice	Multiple choice	Multiple choice
Radiation therapy	Initial treatment:	Second treatment:*	Third treatment:*	Fourth treatment:*
Hormonal therapy	Active Surveillance     Watchful Waiting     Open surgery	Active Surveillance     Watchful Waiting     Open surgery	Active Survey ance     Watchful valiting     Open surgery	Active Surveillance     Watchful Waiting     Open surgery
Other treatments	open surgery + ADT     open surgery + RT     Laparoscopy	<ul> <li>open surgery + ADT</li> <li>open surgery + RT</li> <li>Laparoscopy</li> </ul>	pen surgery + ADT     open surgery + RT     Laparoscopy	open surgery + ADT     open surgery + RT     Laparoscopy
	Laparoscopy + ADT Laparoscopy + RT DaVinci	Laparoscopy + ADT Laparoscopy + RT DaVinci	Laparoscopy + ADT Laparoscopy + RT DaVinci	☐ Laparoscopy + ADT ☐ Laparoscopy + RT ☐ DaVinci
In the aboved sl	nown example, on	ly reports of men will	be selected who full	filled the following
criterias:				
- Age at diagnos	sis: betw	een 58 und 60 years	old	
- PSA-value at o	dia <b>g</b> nosis: betw	een 5 und 10		
- Gleason-Score	e: betw	een 6 und 7		

- and DaVinci-method for the removal of the prostate.

After clicking the "Search"-button a table with all users who fullfilled the above criterias will be displayed.

	English	<u>German</u>		Mod	deratoren	-Eben	<u>e</u>				Home Conta	act <u>Links</u>	<u>About us</u>	<u>Logo</u>
Create your story	Choose st	ory language	: 🗹 all 🗌 En	glish 🗌 G	Serman	Frei	nch 🗌 Spanis	h						Leger
nstructions and info														~
Side effects of therapies	L ST	Name	l information Age Ctry Stars	Date Ag	at diagno	T-Stad.		Treatment	Date	PSA	treatment Treatment	Thi Date	oA Treat	ment
dvanced search	DE U	▲▼ Eduard54	58	12.02.09 55			31.03.09 5.9	DaVinci	~	<b>AV</b>	<b>AV</b>			
iew stories	DE U	jabo59	54 💻	28.06.12 53	5.4 3+3	T1C	10.07.12 5.4	DaVinci						
/atchful Waiting	DE F	<u>rtisun51</u>	62 💻	27.03.09 58			11.06.09 5.9	DaVinci	07.07.1 <sup>.</sup>	1 0.2	MRT			
rostatectomy	DE F	<u>Bikernicha</u> LeNovo	55 💻	03.02.10 52			28.04.10 7.7 24.09.12 4.3	DaVinci DaVinci						
adiation therapy	DE	ingo1962	51 -	17.07.12 50			17.09.12 5.5	DaVinci						
<u>Stars</u>				<u>St</u>		<u>Sta</u>	tus 🧳							
Initial diagno			-	N	=	ne	-	registered			-			
Initial diagno Initial diagno			•	U	=	upd		e under 3				onth ar	•	
* * * Initial diagno			<u> </u>	+	=	dı 1		•			e than 9 m eived a de			

#### **03 – View stories**

myProstate.eu

If you are choosing the the menu "view stories" or one of the submenus a table is displayed with all the users who fullfil the choosen criteria or had undergone the treatment you selected.

View stories	The submenus are shown::
All stories	- all users are listed (actually several hundred)
New registrations	- Shows the last 20 new registrations.
New updates	- Shows the last 50 new updates.

#### 04 – Selection of treatments: main- and sub-categories

The following main-categories can be choosen:

Watchful Waiting
Prostatectomy
Radiation therapy
Hormonal therapy
Other treatments

The search can be narrowed by choosing a sub-category the. The following sub-categories are disponible:

Watchful Waiting	Prostatectomy	Radiation therapy	Hormonal therapy	Other treatments
Active Surveillance	Open surgery	LDR - Brachy	ADT1	TUR-P
Watchful Waiting	DaVinci	HDR - Brachy	ADT2	HIFU
	Laparoscopy	IMRT	ADT3	Hyperthermia
	other RPE	Protons	intermittent ADT	Chemotherapy
		Ions	ADT by Leibowitz	AAC by Leibowitz
		other RT	other ADT	Homeopathy
				other alternative medicine
				other treatments



#### 05 – Sort of the result tables

									nen-	Ebene	2					Home Conta	<u>ct</u> <u>Link</u>	<u>a AD</u>	out us Logo
10050	e story	language:	a	III	🗹 Enç	glish	G	ermar	<b>n</b> [	Fren	ich 🗆	Spani	sh						Lege
		Personal		natio		Det		at dia	ignos			nitial t	reatment		econd 1	reatment		hird ti	eatment
		Name				Date					Date	PSA	Treatment	Date	PSA	Treatment	Date	PSA	Treatment
										••			DaVinci		•			•	A <b>V</b>
N	F	Bruce	44	in the		30.08.09	41	4.1	3+3	t	30.08.09	4.1	Watchful Wait.	15.02.10	0.1	DaVinci	16.02.10	0.0	Active Surv.
N	F	<u>byorick</u>	46			10.10.09	42	41.0	+41		10.10.08	41.0	Homeopathy	11.09.09	4.0	Laparoscopy	08.08.11	4.0	o. treatment
N	F	b <u></u>											Open surgery	01.11.03	0.9	other RT	01.12.08	0.3	ADT1
	N N N	N F N F N F	N F <u>Arek Daniel</u> N F <u>Bruce</u> N F <u>byorick</u> N F <u>byorick</u>	Name Age N F <u>Arek Daniel</u> 48 N F <u>Bruce</u> 44 N F <u>byorick</u> 46 N F <u>byorick</u> 57	Name Age Ctry N F Arek Daniel 48 20 N F Bruce 44 20 N F byorick 46 20 N F byorick 57 20	Name     Age     City     Stars       N     F     Arek Daniel     48     48     48       N     F     Bruce     44     44       N     F     byorick     46     46       N     F     byorick     46     46	Name         Age         Ctry         Stars         Date           N         F         Arek Daniel         48         48         4	Name         Age         City         Stars         Date         Age           N         F         Arek Daniel         48         48         4 <td< td=""><td>Name         Age         Ctry         Stars         Date         Age         PSA           N         F         Arek Daniel         48         ************************************</td><td>Name         Age         City         Stars         Date         Age         PSA GS           N         F         Arek Daniel         48         ************************************</td><td>Name         Age         City         Stars         Date         Age         PSA         GS         T-Stad.           N         F         Arek Daniel         48         ***         10.06         41         8.1         4+3           N         F         Bruce         44         ***         30.08.09         41         4.1         3+3         t           N         F         byorick         46         ***         10.10.09         42         41.0         +41           N         F         byorick         57         ***         ***         10.08.01         45         19.6         +</td><td>Name         Age         City         Stars         Date         Age         PSA         GS         T-Stad         Date           N         F         Arek Daniel         48         ***         10.06         41         8.1         4+3         21.11.06           N         F         Bruce         44         ***         30.08.09         41         4.1         3+3         t         30.08.09           N         F         byorick         46         ***         10.10.09         42         41.0         +41         10.10.08           N         F         byorick         57         ***         ***         10.08.01         45         19.6         +         01.10.01</td><td>Name         Age         Ctry         Stars         Date         Age         PSA         GS         T-Stad.         Date         PSA           N         F         Arek Daniel         48         ************************************</td><td>Name         Age         Ctry Stars         Date         Age         PSA GS         T-Stad.         Date         PSA         Treatment           N         F         Arek Daniel         48         *         10.06         41         8.1         4+3         21.11.06         9.1         Davinci           N         F         Bruce         44         30.08.09         41         4.1         3+3         t         30.08.09         4.1         Watchtul Wait.           N         F         byorick         46         10.10.09         42         41.0         +41         10.10.08         41.0         Homeopathy           N         F         byorick         46         10.08.01         45         19.6         +         01.10.01         19.6         Open surgery</td><td>Name         Age         City         Stars         Date         Age         PSA         GS         T-Stad.         Date         PSA         Treatment         Date           N         F         Arek Daniel         48         ****         10.06         41         8.1         4+3         21.11.06         9.1         DaVinci           N         F         Bruce         44         30.08.09         41         4.1         3+3         t         30.08.09         4.1         Watchfull Wait         15.02.10           N         F         byorick         46         10.10.09         42         41.0         +41         10.10.08         41.0         Homeopathy         11.09.09           N         F         byorick         57         ***         10.08.01         45         19.6         +         01.10.01         19.6         Open surgery         01.11.03</td><td>Name         Age         City         Stars         Date         Age         PSA         GS         T-Stad.         Date         PSA         Treatment         Date         PSA           N         F         Arek Daniel         48         ************************************</td><td>Name         Age Ctry Stars         Date         Age PSA GS T-Stad         Date         PSA         Treatment         Date         PSA         Treatment           N         F         Arek Daniel         48         *</td><td>Name         Age         Ctry         Stars         Date         Age         PSA         GS         Tstad         Date         PSA         Treatment         Date<td>Name         Age         Ctry         Stars         Date         Age         PSA         GS         T-Stad.         Date         PSA         Treatment         Date         PSA         Treatment         Date         PSA           N         F         Arec Daniel         48         Image        </td></td></td<>	Name         Age         Ctry         Stars         Date         Age         PSA           N         F         Arek Daniel         48         ************************************	Name         Age         City         Stars         Date         Age         PSA GS           N         F         Arek Daniel         48         ************************************	Name         Age         City         Stars         Date         Age         PSA         GS         T-Stad.           N         F         Arek Daniel         48         ***         10.06         41         8.1         4+3           N         F         Bruce         44         ***         30.08.09         41         4.1         3+3         t           N         F         byorick         46         ***         10.10.09         42         41.0         +41           N         F         byorick         57         ***         ***         10.08.01         45         19.6         +	Name         Age         City         Stars         Date         Age         PSA         GS         T-Stad         Date           N         F         Arek Daniel         48         ***         10.06         41         8.1         4+3         21.11.06           N         F         Bruce         44         ***         30.08.09         41         4.1         3+3         t         30.08.09           N         F         byorick         46         ***         10.10.09         42         41.0         +41         10.10.08           N         F         byorick         57         ***         ***         10.08.01         45         19.6         +         01.10.01	Name         Age         Ctry         Stars         Date         Age         PSA         GS         T-Stad.         Date         PSA           N         F         Arek Daniel         48         ************************************	Name         Age         Ctry Stars         Date         Age         PSA GS         T-Stad.         Date         PSA         Treatment           N         F         Arek Daniel         48         *         10.06         41         8.1         4+3         21.11.06         9.1         Davinci           N         F         Bruce         44         30.08.09         41         4.1         3+3         t         30.08.09         4.1         Watchtul Wait.           N         F         byorick         46         10.10.09         42         41.0         +41         10.10.08         41.0         Homeopathy           N         F         byorick         46         10.08.01         45         19.6         +         01.10.01         19.6         Open surgery	Name         Age         City         Stars         Date         Age         PSA         GS         T-Stad.         Date         PSA         Treatment         Date           N         F         Arek Daniel         48         ****         10.06         41         8.1         4+3         21.11.06         9.1         DaVinci           N         F         Bruce         44         30.08.09         41         4.1         3+3         t         30.08.09         4.1         Watchfull Wait         15.02.10           N         F         byorick         46         10.10.09         42         41.0         +41         10.10.08         41.0         Homeopathy         11.09.09           N         F         byorick         57         ***         10.08.01         45         19.6         +         01.10.01         19.6         Open surgery         01.11.03	Name         Age         City         Stars         Date         Age         PSA         GS         T-Stad.         Date         PSA         Treatment         Date         PSA           N         F         Arek Daniel         48         ************************************	Name         Age Ctry Stars         Date         Age PSA GS T-Stad         Date         PSA         Treatment         Date         PSA         Treatment           N         F         Arek Daniel         48         *	Name         Age         Ctry         Stars         Date         Age         PSA         GS         Tstad         Date         PSA         Treatment         Date <td>Name         Age         Ctry         Stars         Date         Age         PSA         GS         T-Stad.         Date         PSA         Treatment         Date         PSA         Treatment         Date         PSA           N         F         Arec Daniel         48         Image        </td>	Name         Age         Ctry         Stars         Date         Age         PSA         GS         T-Stad.         Date         PSA         Treatment         Date         PSA         Treatment         Date         PSA           N         F         Arec Daniel         48         Image

The columns can be sorted by clicking on the small blue arrows.

e.g.. by age at diagnosis of PCa

### e.g.. PSA-value at intital treatment.

	Eng	lish	German			1	Mode	eratore	n-Eben	2					<u>Home Conta</u>	i <u>ct</u> <u>Link</u>	<u>s Ab</u>	out us Logout
Create your story	Cho	ose st	ory language:	all	🗹 En	glish [	Ge	erman	Frer	nch 🗌	Span	in						Legend
Instructions and info	L	ST	Personal	informati	on	Det	ails a	nt diagn	osis	I	initia	treatment	5	Second	treatment		Third tr	eatment
Side effects of therapies	<b>AV</b>	<b>AV</b>	Name	Age Ctry		Date ▲▼		PSA GS	3 T-Stad.	Date ▲▼	PS.	Treatment	Date ▲▼	PSA ▲▼	Treatment ▲▼	Date ▲▼	PSA	Treatment
Advanced search	EN	F	Petereb	70 🚬	٠	22.12.07	65	1121 4+	3 T4	22.12.07	1121	other ADT	07.01.0	8 1121	ADT1	04.04.08	2.1	ADT1
View stories	EN	F	<u>George H</u>	62 🔠	٠	12.04.05	54	182 4+	3 T4	14.04.05	5 182	IMRT+ADT	18.09.0	7 0.1	Active Surv.	17.05.10	21.0	ADT2
All stories	EN	F	Barry-74	76 🌁	**	05.06.00	64	4.3 +		22.11.10	116	interm. ADT	30.11.1	0 0.3	interm. ADT			
New registrations	EN	U	<u>Tom Johnson</u>	75 💻	***	01.03.96	59	110 4+	3 T4	13.01.96	5 110	ADT2	01.07.9	6 0.1	ADT2	05.11.01	3.0	Active Surv.
	EN	U	Don R	56 📕		15.02.13	57	101 4+	5 T4	15.02.13	3 101	ADT1	04.03.1	3 98.7	ADT2			

or

#### 06 – Choosing a personal report

	Eng	lish	<u>German</u>												<u>Home</u>	<u>Contact</u>	<u>Links</u>	About us	<u>Login/Sign u</u>
Create your story	Cho	ose st	ory language:	🗆 all	✓ En	glish	Ge	rman		Fren	ch 🗆	Spani	sh						Legenc
Instructions and info		ST	Personal	informa	tion	Det	ails a	t dia	anosis		т	nitial t	reatment	5	econd	treatment		Third	reatment
Side effects of therapies			Name	Age C	ry Stars		Age	PSA	GS T-S	Stad.	Date	PSA	Treatment	Date	PSA	Treatment	Da	te PSA	Treatment
Advanced search	EN	U	Markusha	67		15.04.09		286 4		C2c	15.06.09		ADT2	15.02.11	_	other RT		2.13 48.5	o. treatment
View stories	EN	U	<u>Tom Johnson</u>	75 📕	***	01.03.96	59	110 4	4+3	T4	13.01.96	110	ADT2	01.07.96	0.1	ADT2	05.1	.01 3.0	Active Surv.
All stories	EN	U	<u>Terry Herbert</u>	71 置	***	12.08.96	54	Last s	story 50	days	ago <mark>8.96</mark>	7.2	Active Surv.	10.06.04	8.6	TUR-P	01.0	5.07 0.2	ADT1
New registrations	EN	U	<u>SteveT</u>	67 📃	•	21 2.07	61	19.6 3	3+3 T	T1c	23.07.07	19.2	interm. ADT	23.07.08	12.0	o. alt. med	23.0	4.10 9.7	o. treatment
	EN	U	Roger Carnell	70 📕		16.10.09	67	4.6 3	3+3 T	1C	16.10.09	4.6	Active Surv.						

A personal report will be displayed by clicking onto a name or onto the green bar

Last story 50 days ago

A small info window appears stating when the last report was recorded by this user if the cursor remains a short moment on a name or a line.



#### 07 – Viewing a personal report

You can view the personal data, graphs, PSA-DT and stories by selecting the corresponding tab. Activated tabs are highlighted in olive green.

	English	<u>German</u>			Home	Contact Links Ab	out us Login/Sign up
Create your story	+	Hampe42	My Basic Data	Graphics	PSA-DT	Side effects	My Story
Instructions and info						Personal contact	Print
Side effects of therapies	Person	al data - diagnosis		Pore uni unità		Data at initial	diagnosis

It is possible to **contact a user** personally or to **print** a whole report.

#### 08 - Basic data

	English <u>Gern</u>	<u>man</u>					<u>Home</u> <u>Contact</u>	Links About us Login/Sig
Create your story	+	Hampe42	My Basic I	Data	Graphics	PSA-	DT Side e	ffects My Story
nstructions and info							Personal	contact Print
ide effects of therapies	Personal dat	ta - diagnosis		Pe	ersonal data	1.	Data	a at initial diagnosis
dvanced search			Visible name	9:		mpe42 hweiz	Date:	10.06.2010
iew stories			Ctry: State/Provin Year of birth		Basel-L	andschaft 942	Age at diagnosis PSA: Biopsied?	. 00 174.00 Yes
atchful Waiting	ĺ		Age:			71	TUR-P?	No
rostatectomy			Occupation: Hobbies:			entner nd alte Autos	Gleason Score: TNM-Stages:	3 + 4 = 7a cT4 N0 M1
adiation therapy			My Website:				Remark:	
ormonal therapy			Maximum	n measured	prostate vo	lume	Postoperative	e pathological data
ther treatments				l or cm³:		10.06.2010 174.00 25	Date: Gleason Score: pTNM-classificat Margins: p-L-V-P-G-Findin See stories of:	
	Treatments		from		PSA**	Туре	Clinic	City
	Treatments		<b>from</b> 25.06.10	to 21.03.10	PSA** 174.00	Type ADT2	Urologe	City Basel
		the start of the treatment	25.06.10 21.03.11	21.03.10 12.02.12	174.00 4.28	ADT2 ADT1	Urologe Urologe - Basel	Basel Firmagon statt Eligard
			25.06.10 21.03.11 11.08.11	21.03.10	174.00 4.28 3.50	ADT2 ADT1 other RT	Urologe Urologe - Basel Privatinstitut, Allschw	Basel Firmagon statt Eligaro vil 1-malig 8 Gy
			25.06.10 21.03.11 11.08.11 13.02.12	21.03.10 12.02.12 11.08.11	174.00 4.28 3.50 7.72	ADT2 ADT1 other RT ADT2	Urologe Urologe - Basel Privatinstitut, Allschw Urologe	Basel Firmagon statt Eligard vil 1-malig 8 Gy Basel
			25.06.10 21.03.11 11.08.11 13.02.12 03.08.12	21.03.10 12.02.12 11.08.11 03.08.12	174.00 4.28 3.50 7.72 14.00	ADT2 ADT1 other RT ADT2 other RT	Urologe Urologe - Basel Privatinstitut, Allschw Urologe Privatinstitut, Allschw	Basel Firmagon statt Eligaro vil 1-malig 8 Gy Basel vil 1-malig Gy
			25.06.10 21.03.11 11.08.11 13.02.12 03.08.12 01.12.12	21.03.10 12.02.12 11.08.11 03.08.12 11.12.12	174.00 4.28 3.50 7.72 14.00 27.57	ADT2 ADT1 other RT ADT2 other RT other RT	Urologe Urologe - Basel Privatinstitut, Allschv Urologe Privatinstitut, Allschv Privatinstitut, Allschv	Basel Firmagon statt Eligarı vil 1-malig 8 Gy Basel vil 1-malig Gy vil 10x 3 Gy
			25.06.10 21.03.11 11.08.11 13.02.12 03.08.12	21.03.10 12.02.12 11.08.11 03.08.12 11.12.12 28.05.13	174.00 4.28 3.50 7.72 14.00	ADT2 ADT1 other RT ADT2 other RT other RT Chemotherapy Active	Urologe Urologe - Basel Privatinstitut, Allschw Urologe Privatinstitut, Allschw	Basel Firmagon statt Eligaro vil 1-malig 8 Gy Basel vil 1-malig Gy
			25.06.10 21.03.11 11.08.11 13.02.12 03.08.12 01.12.12 21.01.13	21.03.10 12.02.12 11.08.11 03.08.12 11.12.12 28.05.13	174.00 4.28 3.50 7.72 14.00 27.57 27.57	ADT2 ADT1 other RT ADT2 other RT other RT Chemotherapy	Urologe Urologe - Basel Privatinstitut, Allschv Urologe Privatinstitut, Allschv Privatinstitut, Allschv Uni-Spital	Basel Firmagon statt Eligaro vil 1-malig 8 Gy Basel vil 1-malig Gy vil 10x 3 Gy Basel
			25.06.10 21.03.11 11.08.11 13.02.12 03.08.12 01.12.12 21.01.13	21.03.10 12.02.12 11.08.11 03.08.12 11.12.12 28.05.13	174.00 4.28 3.50 7.72 14.00 27.57 27.57 10.00	ADT2 ADT1 other RT ADT2 other RT other RT Chemotherapy Active	Urologe Urologe - Basel Privatinstitut, Allschv Urologe Privatinstitut, Allschv Privatinstitut, Allschv Uni-Spital Urologe	Basel Firmagon statt Eligard vil 1-malig 8 Gy Basel vil 1-malig Gy vil 10x 3 Gy Basel
	** PSA level at t		25.06.10 21.03.11 11.08.11 13.02.12 03.08.12 01.12.12 21.01.13 31.05.13	21.03.10 12.02.12 11.08.11 03.08.12 11.12.12 28.05.13 02.06.13	174.00 4.28 3.50 7.72 14.00 27.57 27.57 10.00	ADT2 ADT1 other RT ADT2 other RT other RT Chemotherapy Active Surveillance	Urologe Urologe - Basel Privatinstitut, Allschv Urologe Privatinstitut, Allschv Privatinstitut, Allschv Uni-Spital Urologe	Basel Firmagon statt Eligard vil 1-malig 8 Gy Basel vil 1-malig Gy vil 10x 3 Gy Basel Basel
	** PSA level at t	the start of the treatment	25.06.10 21.03.11 11.08.11 13.02.12 03.08.12 01.12.12 21.01.13 31.05.13	21.03.10 12.02.12 11.08.11 03.08.12 11.12.12 28.05.13 02.06.13	174.00 4.28 3.50 7.72 14.00 27.57 27.57 10.00 Me	ADT2 ADT1 other RT ADT2 other RT Chemotherapy Active Surveillance	Urologe Urologe - Basel Privatinstitut, Allschv Urologe Privatinstitut, Allschv Privatinstitut, Allschv Uni-Spital Urologe	Basel Firmagon statt Eliga vil 1-malig 8 Gy Basel vil 1-malig Gy vil 10x 3 Gy Basel Basel Basel

The personal data, data at diagnosis as well as the treatments carried out and the drugs taken are shown on this page.



#### 09 - Graphs



The first two graphs show the PSA-evolution with a logarithmic and a linear scale. Touching a measuring point will display the exact value. Further graphics of other values (for example testosterone, free PSA, CGS etc.) might be displayed if entered by the user.



### **10 – PSA-doubling times**

	English	<u>German</u>							1	Ho	ome <u>Cont</u>	act <u>Lin</u>	<u>ks Ab</u>	out us	Login/	/Sign u
Create your story	÷	H	ampe42	М	ly Basic Dat	a	Grapi				т	Side ef	fects	1	My Sto	ry
Instructions and info											E	ersonal	contact		Print	
Side effects of therapies	PSA do	ubling times ir	ı years		Date	PSA	1*	2*	4*	8*	Date	PSA	1*	2*	4*	8*
Advanced search		0	nan previous period.		01.01.09 10.06.10	3.33 174.00	0.25				29.11.12 22.01.13	33.80 30.80	0.52	0.32 1.89	0.30 0.43	0.38 0.46
/iew stories			han previous period. or 1, 2, 4 and 8 perio	ds.	12.08.10 27.09.10	15.20 29.50	0.13	0.74 	4.50		12.02.13 28.02.13	18.63 12.40				0.84 1.58
Watchful Waiting	Limit = 3 y	years			20.10.10 03.11.10 01.12.10	7.34 5.82 18.50	  0.05	0.09	1.58  1.07		16.04.13 06.05.13 07.05.13	6.37 6.37 5.59	00			
Prostatectomy	Calcula	tion of doublin	ng times in days		07.12.10	16.50 12.10		0.06	0.24	1.06	28.05.13	4.03	0.02	0.06	0.09	-
Radiation therapy		ime in years:	0.38		23.12.10 13.01.11	11.40 10.10			0.14		31.12.13 31.12.14	13.13 14.14	 9.35	0.35	0.63 1.23	
Hormonal therapy		ime in days:	139 Calcu	ılate	09.02.11 21.03.11	8.41 4.28										
Other treatments					19.04.11 19.05.11	3.75 3.74										
					13.07.11 09.08.11 19.10.11	4.50 3.50 4.50	0.56	0.89 	  1.91							
					14.12.11 20.01.12	4.50 5.82 7.72	0.54 0.41 0.25	0.47	0.90							
					23.02.12	7.93	2.41	0.44	0.46	1.04						
					27.07.12 30.08.12	14.00 19.70	0.39	0.52	0.49 0.45	0.63						
					04.10.12	27.58	0.20	0.19	0.34	0.39						

Clicking the "**PSA-DT-tab**" will display a table with the PSA values and the PSA doubling times in years. The doubling times will be calculated backwards for 1, 2, 4 or 8 periods.

#### PSA-doubling times of <3 Jahren are highlighted in red!

Values in the column "8 periods" are more meaningful as errors in measurements and other influencing factors are less significant. The interpretation of the PSA-doubling times should be done by a specialist.

Increasing doubling-times compared to the previous period have a lime-green background, decreasing doubling-times a reddish one.



### 11 – Side effects of therapies

		I				~					-						
Create your story	<b>•••</b>	lampe42	My Bas	ic Dat	а	Grap	phics		PS	A-D		SI	de e	ffects		My Story	
instructions and info												Pers	sonal	contact		Print	
oide effects of therapies	Side effects of my pa	st therapies			ADT2		A	DT1		AI	DT2	c	hem	otherap	ру		>
Advanced search																	
/iew stories				en les	r less		es /	10 Less	ans	/68		ans	/68	10 rless			
Vatchful Waiting	Course of therpay in	general		<mark>yes, sure</mark> rather yes	more or less rather no		yes, sure rather yes	more or less rather no	ves, st	rather yes	more or less rather no	yes, st	rather yes	more or less rather no	2		
Prostatectomy	Are you satisfied with th	he course of the therap	py?			11											
	Has the treatment met	your expectations?				1 [			1  -			1 [					
adiation therapy	Are you satisfied with the	he course of the PSA-	values?			1 [			1			1 [					
Hormonal therapy	Was the castration leve 0,69 nmol/l) met by the		g/ml, 20 ng/dl,														
Other treatments																	
other treatments					P			2			•			2			
					yes, mild severe			yes, mild severe			yes, mild severe			yes, mild severe			
				2	yes, mi severe		£	yes		£	yes, mi severe		۶	yes			
					2 W												
	Side effects of the the																
	Urinary incontinence?	During therapy															
		1-4 weeks after the	erapy	_	$\square$		H			H	++			++			
		2-4 months after th					H			H	$\square$						
		5-12 months after t		_						H	$\square$						
		More than 12 month	hs after therapy							H	TT.						
													_				
	Urinary retention?	During therapy								Ш							
		1-4 weeks after the	erapy														
		2-4 months after th	ierapy							$\square$							
		5-12 months after t	therapy														
		More than 12 month	hs after therapy														
				.—													
	Loss of virility?	During therapy		_			$  \downarrow  $			$\mid \mid$	$\square$			-			
		1-4 weeks after the		_			$  \downarrow  $			$  \downarrow \rangle$	$\rightarrow$			-			
		2-4 months after th		_						$\mid \mid$	-			-			
		5-12 months after t		_						$\mid \mid$	+			-			
		More than 12 month	hs after therapy														
	Stool incontinence?	During therms:															
	Stool incontinence?	During therapy		_			$\vdash$			$\vdash$	++		$\vdash$	++			
		1-4 weeks after the		-	+++		+			$\vdash$	++		$\vdash$	++			
		2-4 months after th		-	$\left  \right $		$\mid$			$\vdash$	++		$\vdash$	++			
		5-12 months after t		-	+-+		$\vdash$			$\vdash$	++		$\square$	$\rightarrow$			
		More than 12 month	ns after therapy							1 1			1				

Clicking the "**Side effects**" tab will display the effects of therapies made by the user. Each therapy undertaken can be assessed individually. For example, if two ADT1-treatments have been made, each will be assessed separately.



#### 12 – My story

	English <u>Germar</u>	<u>n</u>			<u>Home</u>	Contact Links Abo	<u>ut us</u> <u>Login/Sign</u>
Create your story	+	Hampe42	My Basic	Data Graphics	PSA-DT	Side effects	My Story
Instructions and info						Personal contact	Print
5ide effects of therapies	My Story	Date 🛆 🗸	Last PSA from	Personal stories			
Advanced search	Translate into:	15.10.2009	3.33 01.01.09	Bis heute waren mir Ärzte un	d Spitäler ein Fremdwo	ort.	
/iew stories	English French			Im Oktober 2009 habe ich er	stmals sporadische Ri	ücken- und Hüftschmerze	
Watchful Waiting	Spanish			Weihnachten sehr viel stärke Ich habe mir selber Schmerz			
Prostatectomy				Die Schmerzen führte ich au Lastwagenfahrer zurück.	f Abnützungen aufgrur	nd meiner früheren Tätigke	eit als
adiation therapy		15.04.2010	3.33 01.01.09	Erstmals Besuch bei einem F Retard und Omeprax als Sch		spezialisten. Dieser verscl	hrieb mir Tilur
lormonal therapy		10.05.2010	3.33 01.01.09	Der Knochenspezialist überwi		iosik.	
Other treatments				Es wurde am 10.5.2010 ein a Abdomens und am 12.5.2010			
				Auszug aus der radiologische	n Diagnose:		
				<ol> <li>Hochgradiger Verdacht auf metastierendes Prostata-Car der Os ilii beidseits, insbesor Lymphknotenmetastase iliac dringend empfohlen.</li> </ol>	cinom mit Befall HWS Idere Acetabulum rech	, insbesondere der BWS ( its, des Sacrums mit mög	und LWS sowie licher
				2, Kein hinweis auf anderswe 3	itigen, malignen Tumo	rprozess.	
				Aufgrund dieser Diagnose üb	erweist mich der Knoc	henspezialist an einen Ur	ologen.
		01.06.2010	3.33 01.01.09	Erster Besuch beim Urologer Ultraschalluntersuchung.	. Zuerst Blut- und Uri	nabnahme und nachfolger	nd
		06.06.2010	3.33 01.01.09	Der Urologe teilt mir telefonis Fax erhalte ich ein Rezept fü und 4 Tage nach der Biopsie	r ein Antibiotika (Flagy		
		10.06.2010	174.00 10.08.10	Biopsie 3x rechts und 3x link	s. Das Einstechen hal	be ich kaum bemerkt.	
				Histopathologische Diagnose	c		
				Transrektale Stanzbiopsien, F Infiltrate eines vorwiegend kl Ardenokarzinoms, nachgewie tumorbefallen).	eindrüsigen und herdfö		
				Transrektale Stanzbiopsien, F Infiltrate eines vorwiegend kl Ardenokarzinoms, nachgewie tumorbefallen).	eindrüsigen und herdfö		
				Gleason 3+4=7			

Clicking the "**My story**" tab will display the written reports. These might be sorted in ascending or descending order.



#### **13 – Subscription of reports**

"<u>Subscribe update</u>" allows you to subscribe to future reports of this user. Subscribed reports will be sent by e-mail.

**Only registered and logged-in users can subscribe and administrate reports!** See the "Instructions for registration and recording of your own PCa-history".

	English	German			Ho	ome <u>Contact</u> Links	<u>s About us Logout</u>			
Create your story	+	Hampe42	My Basic Data	Graphics	PSA-DT	Side effects	My Story			
Instructions and info					Subscribe update	Personal contact	Print			
Side effects of therapies	Personal data - diagnosis			Personal data			Data at initial diagnosis			

#### 14 – Translation of reports

If a report is written in a foreign language you can have it translated by Google into the language of your choice by clicking on to the appropriate flag.

	English <u>German</u>						Ho	ome <u>Contact</u> Links	About us Logout
Create your story	+	+ Hampe42			My Basic Data Graphics			Side effects	My Story
Instructions and info							Subscribe update	Personal contact	Print
Side effects of therapies	My Story	Date <b>∆</b> ⊽	Last	PSA from	Pers	onal stories			
Advanced search	Translate into:	15.10.2009	3.33	01.01.09	Bis heu	ite waren mir Ärzte un	d Spitäler ein Fremdwo	rt.	
View stories	English French							cken- und Hüftschmerze merzfreien Intervalle wu	
Watchful Waiting	<u>Spanish</u>							einen Arzt zu konsultie	
Prostatectomy	1					hmerzen führte ich auf genfahrer zurück.	Abnützungen aufgrund	1 meiner früheren Tätig	keit als
Radiation therapy		15.04.2010	3.33	01.01.09		Is Besuch bei einem R und Omeprax als Sch		oezialisten. Dieser verso	chrieb mir Tilur
Hormonal therapy		10.05.2010	3.33	01.01.09	Der Kn	ochenspezialist überw	ies mich zur Bild-Diagn	osik.	
Other treatments								stärltes 64-MDCT des <sup>:</sup> T mit 233 MBq F-18FD	
					Auszug	aus der radiologische	en Diagnose:		
					1. Hoci	ngradiger Verdacht au	f ausgedehnt, vor allem	osteosklerotisch-oeste	eolytisch



### 15 – Send a personal message

	English <u>Germa</u>	<u>ın</u>			<u>H</u>	ome <u>Contact</u> Links	<u>About us</u> Logou
Create your story	+	Hampe42	My Basic Data	Graphics	PSA-DT	Side effects	
Instructions and info					Subscribe update	Personal contact	Print
Side effects of therapies	My Story	Date ∆ V	Last PSA from Per	Sonal etc.			
Advanced search	Translate into:	15.10.2009	3.33 01.01.09 Bis h	eute waren mir Ärzte un	d Spitäler ein Fremdwo	rt.	

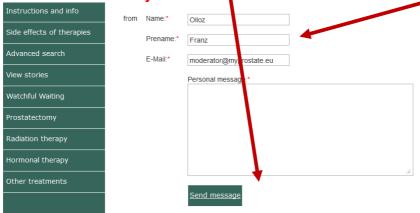
"<u>Personal contact</u>" allows you to send a personal message to the user. The name and the e-mail address of the recipient are not visible! The recipient can then decide whether he wants to answer and reveal his real name.

#### myProstate.eu does not store any personal messages and has no insight into these.

	English	<u>German</u>		<u>Home</u>	Contact	<u>Links</u>	<u>About us</u>	<u>Login/Sign up</u>
Create your story	Persor	nal message	to Hampe42					Print
Instructions and info	from	Name:*						
Side effects of therapies		Prename:*						
Advanced search		E-Mail:*						
View stories			Personal message:*					
Watchful Waiting								
Prostatectomy								
Radiation therapy								
Hormonal therapy								
Other treatments			For the spam protection please enter both words.					
			Geben Sie die 2 Wörter ein					
			For help please click here					
			Send message					

The sender will receive a copy of the personal message to the e-mail address he indicated.

# If you are logged in the <u>spam-protection</u> is set off and <u>your name and e-mail-address</u> is filled in automatically!





### 16 – Printing of a report

	English	<u>German</u>			<u>Home</u>	Contact Links A	About us Login/Sign up
Create your story	÷	Hampe42	My Basic Data	Graphics	PSA-DT	Side effects	My Story
Instructions and info						Personal contact	Print
Side effects of therapies	Persor	al data - diagnosis		Personal data		P at initia	al diagnosis
Advanced search			Visible name: Ctry:	Hampe42		e: at diagnosis:	10.06.2010 68
View stories			State/Province: Year of birth	Basel-Landso 1942	haft PSA		174.00 Yes
Watchful Waiting			Occupation:	71 Rentner	TUR Glea	-P? ason Score:	No 3 + 4 = 7a
Prostatectomy			Hobbies: My Website:	Reisen und alte	Autos TNM Rem	I-Stages: hark:	cT4 N0 M1

"Print" allows you to print the whole report including

- Basic data
- > Graphics
- ➢ PSA-DT
- > Reports

The "Side effects" will not be printed.